

Good afternoon,

We have come to the end of another lovely week here at Varna Community Primary School, and there are a few things that I would like to share with you.

Mental Health Awareness Day

Wellbeing is a priority for us all here at Varna particularly as we try to navigate the uncertainty of the world at the moment. Today as part of Mental Health Awareness day it was fantastic to see a sea of bright yellow and smiling faces around the school, despite the less than sunny weather. We did lots of activities to promote discussion and reflection around what contributes to positive mental health and overall wellbeing.

Today children and staff have been using lots of positive affirmations!



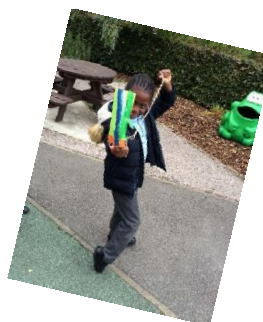
You can donate to the JustGiving page by clicking here:

<https://www.justgiving.com/fundraising/varna-community-primary-school>

Donating through JustGiving is simple, fast and totally secure. Once you donate, they'll send your money directly to Young Minds Trust, so it's the most efficient way to give - saving time and cutting costs for the charity.

In other news...

Year 1 made some amazing kites last week...UP, UP AND AWAY



Reception have made impressive homes for Hedgehogs in our outdoors area...



Walk to School Week

It was great to see so many of our families walking to school this week. We will be having another Walk to School event next month and will be trying to do more exercise in school – if the weather permits.

COVID-19

As you know we have introduced many new systems and routines since we returned to school in September so that we can do the best we can in keeping everyone safe in school. We have followed guidance in relation to hand washing routines which involves washing hands more frequently. Some parents have asked about children using hand cream in school and this is fine as long as your child has a tube of their own clearly labelled with their name. If you would like to do this please let your child's teacher know in advance so that they can make sure it is stored correctly in their own tray. We will also be using hand sanitiser alongside hand washing and this will be done under adult supervision.

Lunchtimes

We began our hot lunch provision this week and after some adjustments in the first few days things went very smoothly for the remainder of the week. Next week Years 2, 4 and 6 will be having their turn in the dining room. We will review this each day so that we ensure that children are able to enjoy their lunch but that also all bubbles remain separate during hand washing, eating and moving around the building. We are still on track for all children to resume their lunchtime in the dining room in the week commencing 19th October 2020.

Parents' Evening

With the restrictions placed upon all of us at this time we cannot do our usual parent meetings in school. At present I am planning for all staff to be able to contact parents and carers by telephone soon after half term. More news to follow on these arrangements.



Very best wishes and I hope you all have a lovely weekend,

R. Livesey

Miss. Livesey
Headteacher